

## Celebrity Buzz

**Bloody shirt adds more mystery to M.J. case**

pg 20



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## 1 dead after 4-vehicle collision near Jasper

**FATALITY** One woman is dead after a four-vehicle collision Wednesday on Highway 16.

Roughly 30 kilometres east of Jasper around 6 p.m., Jasper RCMP were called to the site of the incident, where there had been one head-on collision.

The woman was pronounced dead at Seton General Hospital in Jasper, and occupants of three vehicles were taken to hospital in Jasper and Hinton with non-life-threatening injuries.

Alcohol is considered to be a factor, but the investigation is still underway.

METRO EDMONTON

## Local pg 2

**Opera to set sail on vessel**

## Entertainment pg 12



**Julie & Julia a tasty treat**

## Music pg 16



**Sin, power inspire Amos**

## On the web

**Stay informed:**  
• Go to metronews.ca for your weekend news updates.



Donna Coombs-Montrose, president of Cariwest, left, and Alicia Ellis, Miss Cariwest 2009, at city hall yesterday to kick off the Cariwest Caribbean Arts Festival, which begins Friday.

# Cariwest festival marking 25 years

Expect sights, sounds, cuisine of Caribbean at celebration

JASMINE FRANKLIN  
for Metro Edmonton

**Colourful costumes, festive music and a variety of Caribbean culture cuisine will fill downtown streets this weekend in honour of Cariwest's 25th anniversary.**

The Cariwest Caribbean Arts Festival is on a mission to present the best of Caribbean culture for the 25th year in a row with a marching, dancing and singing parade, accompanied by the food, sights and sounds of the Caribbean set up in

**"Food is a big part of the culture. It's great to be part of this and to share with people what the Caribbean is all about."**

Kofi Ansu, restaurant owner

Churchill Square.

"I'm so pumped I could hardly sleep," festival president Donna Coombs-Montrose said.

"When we migrate as immigrants, we bring with us mental skills and culture — this festival is meant to showcase all these things."

The festival kicks off with a show at the Shaw Conference Centre Aug. 7,

where music and costumes will be presented. The parade will take place Aug. 8 at noon, travelling from 108 Street and Jasper Avenue towards Sir Winston Churchill Square.

"We've come such a long way," Coombs-Montrose said. "It's more than just a parade for us, so come dance and enjoy what we do."

For the fifth year in a

row, Kofi Ansu, owner of Sit&Chat restaurant, will be feeding festival goers with his Caribbean cuisine.

"Food is a big part of the culture," Ansu said. "It's great to be part of this and to share with people what the Caribbean is all about."

Miss Caribbean 2009 and University of Alberta student Alicia Ellis said this is her first year of involvement with the festival and so far it has been a tremendous learning experience.

"There's such a rich culture involved here," Ellis said. "We're bringing it to Edmonton and Canada."

## Be wary of reports on Lindhout: Watchdog

VICTORIA HANDSIDES  
victoria.handsides@metronews.ca

**MEDIA** A desperate phone call and bold-faced media reports this week put renewed focus on an Alberta journalist held for ransom a world away.

Conflicting stories from Mogadishu-based news sources have Reporters Without Borders Africa desk correspondent Ambroise Pierre cautioning concerned global citizens to view seemingly trustworthy information with a critical eye.

The same week, a woman claiming to be Sylvan Lake native Amanda Lindhout placed a distress call to a Canadian television station pleading for her government to pay a \$1-million ransom, while a Somali news agency reported she gave birth, is happily married to one of her captors and is now a devout Muslim.

"There is provocation here," Pierre said, adding Somali news agencies are often tied to criminal organizations. "The kidnappers are attempting to provoke her family and the Canadian government. We should be extremely cautious."

The one-year anniversary of Lindhout's kidnapping falls on Aug. 28, Pierre said, urging the public to keep her memory alive.

"The government is not receiving public pressure it needs to free her," said Calgary counterterrorism expert Daniel Clayton, adding kidnappers haven't provided proof she's alive.

Earlier this week, Foreign Affairs officials declined to tell Metro what is being done to secure her release.

ShareYourViews

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The votes are in, and the results have been tabulated. The winners for Servus Heritage Festival's Pavilion Awards have been decided, with the Arab booth cooking up first place in the food category, Mexico dancing its way to first in the entertainment category and Scandinavia molding a first place spot in the arts and crafts category. **METRO EDMONTON**

# Local



## Transit service interruption

Public transit riders may have to alter travel plans this weekend while Edmonton Transit upgrades the signal system on the LRT. There will be no service after 7 p.m. each day from Friday to Sunday, but will return to the regular schedule on Monday.

METRO EDMONTON

# Jump on board for opera

Mercury Opera to perform Puccini's *Il Tabarro* on the Queen Riverboat

JASMINE FRANKLIN  
for Metro Edmonton

**Opera lovers are in for a treat in the next few weeks as Mercury Opera presents a production on Edmonton's Queen Riverboat.**

The company will be performing scenes from Puccini's one-act opera *Il Tabarro*, Aug. 13 and Aug. 15, while incorporating a cruise and bar into the mix. The cast of nearly 50 will perform for the audience members seated on shoreline.

"The whole idea is to present opera in an unusual way," artistic director and actress Darcia Parada said. "It's turning opera upside down and hopefully will attract some new audiences."

The performance is one of betrayal, passion, and a

love triangle Parada said. The performance is set to be in real time so it will begin at sunset to complete the experience.

"This story is a slice of real life," Parada said. "It's done in a way no one has seen."

Cast members range from local talent to performers flying in from New York. And with the dates fast approaching, actor Boris Derow said they're working harder than ever.

"These last few days have been hard work now that the whole cast is finally together," Derow said. "But, I can't wait. This has never been seen in Edmonton before and there is some astounding talent."

The shows begin at 7:30 p.m. Aug. 13 and Aug. 15, tickets can be purchased from TIX on the Square or by calling 780-420-1757.

**The whole idea is to present opera in an unusual way."**

Darcia Parada, actress and artistic director



Darcia Parada as Giorgetta with Mercury Opera performs a scene from *Il Tabarro* yesterday aboard the Edmonton Queen Riverboat, which will set sail Aug. 13 and 15.

## Lion King sets box office record

**THEATRE** The Lion King growled its way to a new box office record during its five-week visit at the Jubilee Auditorium, serving more than 80,000 people and totalling box office sales of \$6.9 million.

It's estimated that audiences spent an additional \$18 million during the five weeks in Edmonton.

The Lion King was the unveiling presentation of Broadway Across Canada — Edmonton Season. Their next show in Nov. 10 to 15, for A Chorus Line.

METRO EDMONTON

## Edmonton man missing in B.C.

**SEARCH** Police in Evansburg are searching for an Edmonton man who disappeared last week hitchhiking to B.C.

Greywolf Dancingman Ildzi, 30, was found in Evansburg on July 26, and told officers he was hitchhiking to Quesnel, B.C.



Greywolf Dancingman Ildzi

Two days later, he placed a phone call to someone at his destination, and said he was depressed and suicidal. He hasn't been seen or heard from since.

Anyone who may have seen Ildzi, who sometimes uses the name Darren Cunningham, is asked to call police.

METRO EDMONTON

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What's online today.

**Video** Canada's premiers band together to fight the United States' contentious "Buy American" provision at [metronews.ca/canada](http://metronews.ca/canada)  
**Video** NATO's secretary general makes the case for Canada to extend its mission in Afghanistan beyond 2011 at [metronews.ca/canada](http://metronews.ca/canada)

# Man dies in forklift accident

VICTORIA HANDYSIDES  
[victoria.handysides@metronews.ca](mailto:victoria.handysides@metronews.ca)

**FATALITY** A central Alberta man has died after an accident on the jobsite bearing his name.

Donald Laing, 61, died Thursday morning after he was unloading heavy concrete blocks off a forklift. Investigators believe he

got off the machine while it was still running. It rolled forward, crushing him to death.

He was found dead under the forklift's rear tire. Occupational Health and Safety are conducting an investigation, though police and investigators believe foul play was not a factor in Laing's death.

Ponoka RCMP Const. Jim

Lank said investigation of the scene is a clear indication it "was nothing more than a terrible accident" and Laing "died instantaneously."

His body was transported to the medical examiner's office Friday for an autopsy.

Don Laing Trailers was established near Ponoka nearly 30 years ago. A

spokesman for the family-run business says Laing is irreplaceable, and his death has shocked his employees and relatives.

"He was a very wonderful man to work for, and he treated most of us very well."

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The federal Conservatives have regained a narrow lead in public opinion over the Liberals, but would struggle to win an election now, according to a weekly poll released on Thursday. **REUTERS**

# Canada



## Wartime seaplane found?

Divers have found what they believe is the wreck of a U.S. Catalina flying boat that sank in the St. Lawrence River off Quebec in 1942. There may be human remains on board, officials say. **REUTERS**

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## So why were the top brass flying together?

### Midair near-miss put military chiefs in peril

**Canada came close to losing its senior military leaders in the near-collision of a government Challenger jet and a commercial jetliner over B.C.**

The April drama is now prompting questions why the military allowed its top brass — including the heads of the navy, army and air force — to travel together in the first place, a practice that most large corporations forbid.

But it seems the Canadian Forces have no policy on whether commanders should travel apart — a failing that exposes the military to serious risk.

"It's common sense not

**"It's common sense not to have your key leaders together in one vehicle or one plane."**

Susan Gurley

to have your key leaders together in one vehicle or one plane," said Susan Gurley, chief of the U.S.-based Association of Corporate Travel Executives.

"Most global corporations have these very clear travel policies in place and they enforce them because they won't want to be in the position where some-

thing happens and the company is rudderless."

The military does consider splitting up commanders when they travel — but only in theatres of operation, one defence official said.

"We don't have a policy that restricts the travel of senior leadership ... not in a domestic, everyday-type context," he said.

Those on board the Challenger included Vice-Admiral Drew Robertson, then head of the navy and now retired; Lt-Gen. Angus Watt, head of the air force; and Lt-Gen. Andrew Leslie, head of the army.

**TORSTAR NEWS SERVICE**



Saskatchewan Premier Brad Wall, right, shares a laugh with New Brunswick Premier Shawn Graham before the start of the Council of the Federation meeting in Regina on Thursday.

## PM backed on 'Buy America'

**TRADE** Canada's premiers are firmly behind Prime Minister Stephen Harper in his bid to counter protectionist trade policies being adopted in the U.S.

In a rare show of unity, premiers of all political stripes Thursday vowed to help Harper as he fights the

so-called Buy America provisions.

The rules are being applied by American state and local governments and prevent Canadian companies from bidding on certain projects. Harper is to meet with Obama on Sunday.

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Police are seeking a woman, the likeness of whom is pictured at left, in the hunt for missing girl Madeleine McCann. The woman is being sought because of something she said to a British man who met her in Barcelona 72 hours after Madeleine went missing, local media reported. **REUTERS**

# World

## Bride dons two-kilometre wedding dress

A Chinese bride is hoping to enter the record books after getting married in a wedding dress with a train more than two kilometres long. It took guests more than three hours to roll out the gown, complete with 9,999 silk red roses attached to it, state news agency Xinhua said. "Both the length of the dress and the number silk roses pinned on the wedding dress can make history," the report quoted groom Zhao Peng as saying. "I do not want a cliché wedding parade or banquet," he said. The dress cost \$5,856 US. **REUTERS**

## Algeria Graduation day



Female police cadets perform during their graduation ceremony at an Algerian police academy Thursday.

## Afghan bombs kill 10 civilians and police

**Two roadside bombs in Afghanistan's most violent province killed five revellers heading to a wedding and five police-men, officials said on Thursday.**

The first bomb struck a family heading to a wedding in a tractor on Wednesday in volatile Helmand province's Garmsir district, where a new force of U.S. Marines has been battling Taliban guerrillas since launching a major operation last month.

Earlier on Thursday Afghanistan's Interior and Defence ministries had put the toll from the wedding attack at 21 dead.

But officials lowered the toll to five after investigating further, Helmand police chief Asadullah Sherzad said.

### Civilian toll

• More than 1,000 civilians were killed in Afghanistan between January and June — against 818 in the same period last year, according to UN data.

"Because of the remoteness of the area we did not have accurate information in the morning. The toll of five killed and five wounded is precise information and that comes from an investigation by our team," he told Reuters by telephone.

The second bomb exploded near a police vehicle on Thursday in Naad Ali district, also in Helmand, killing five policemen and injuring three.

Violence, already at its worst since the Taliban were ousted in 2001, has increased in the last weeks of campaigning for an Aug. 20 presidential election, which militants vow to disrupt.

Thousands of U.S. Marines and British troops last month simultaneously launched the war's two biggest operations in separate parts of Helmand to seize territory from Taliban fighters ahead of the election. The ongoing operations are meant to expand the government's control of the volatile south ahead of the election, part of U.S. President Barack Obama's new strategy to defeat militants, which has seen him send tens of thousands of extra troops. **REUTERS**

### News in brief

**CHINA** Chinese web users have launched a postcard campaign to support dissidents in prisons and to protest against their detention, one of the organizers told Reuters. "It depends on the prison or detention house whether they can receive the postcards," wrote Wen Yunchao, the blogger who initiated the idea. Beijing is tightening its grip on the country's activist community, which has come under intense government pressure ahead of the celebrations for the 60th anniversary of the People's Republic in October.

**ARSON** Animal rights activists claimed responsibility Thursday for burning down the holiday home of Novartis Inc. chief executive Daniel Vasella, as Swiss police said a second grave of his family had been desecrated. Vasella's Austrian holiday home caught fire on Monday. The attacks on drug maker Novartis may mark a revival of animal rights activism in Europe, which reached a peak in Britain before the introduction of new police powers five years ago. **REUTERS**

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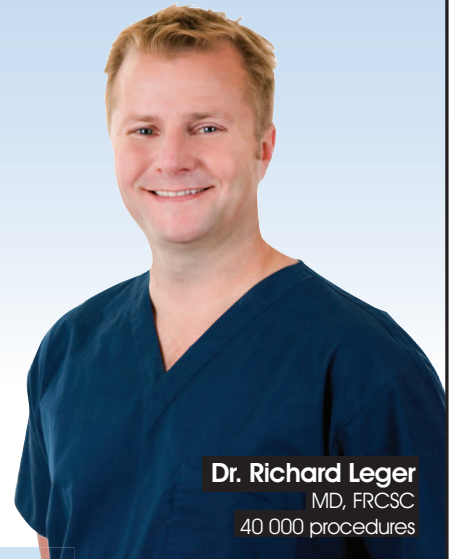
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# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

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## Comment

# Invisible barriers remain

## Women still under-represented in leadership roles



Wendy Cukier

Equal Voice has renewed its efforts to rectify the under-representation of women in political office. In 2007, Quebec Premier Jean Charest broke new ground with the first cabinet in North America to have equal representation of women.

But Canada is 48th in the world with 21 per cent women in Parliament, a marginal increase from 18 per cent in 1993. Gendered notions of leadership are deeply engrained in our culture and reinforced at every turn. Media coverage of female leaders — whether former prime minister Kim Campbell or U.S. Democratic leadership candidate Hillary Clinton — re-

veals subtle but profound biases. They are held to a higher standard and less likely to be recognized for their achievements. As Ann Richards, the late governor of Texas, said, "Ginger Rogers did everything Fred Astaire did. Backwards and in high heels."

Hidden assumptions reinforce the "glass ceiling" across sectors. In spite of undeniable progress — women now comprise 30 per cent of senior managers in large banks in Canada compared to seven per cent in 1991 — invisible barriers remain.

A study of Canadian managers by Ryerson's Diversity Institute and Catalyst showed corporate women believed they were held to

a higher standard. Helman and Hayes confirmed that women's achievements are usually devalued. Research shows they must be more "likable" than men and are

often punished for behaviours that are rewarded in men. "Strong" females are generally disliked while assertive men are "admired." "He is decisive. She is a b—." When women are labelled "control freaks," men, acting the same way, are seen as "highly committed."

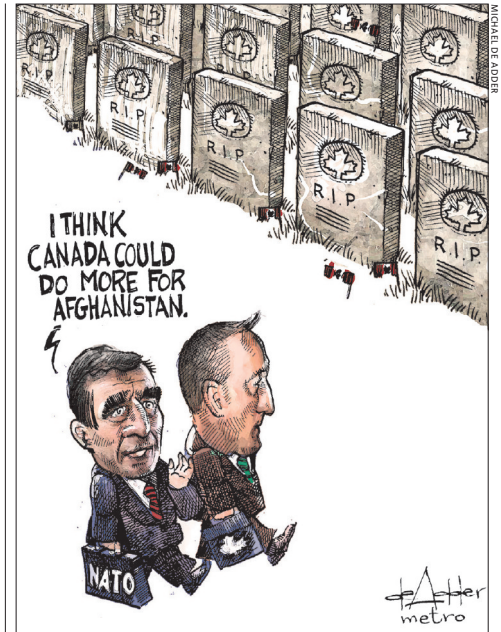
At the same time, the socialization of girls tends to limit expectations and self-confidence. In Grade 3 standardized tests, girls outperform boys in both math and English. But when asked, "Are you good at

math or English?" boys were more likely to say yes to both. This confidence gap continues as they climb the corporate ladder — women are less likely to broadcast their achievements than men and are less likely to negotiate for raises and promotions. They are more likely to blame themselves for failures and share the credit for successes than men.

In spite of the undeniable progress, there is still work to be done and it must focus on multiple levels. Among the priorities? Representation of women leaders in the media; policies and practices in organizations; and early education to ensure girls aim high, and give and take credit where credit is due.

Wendy Cukier is the associate dean of the Ted Rogers School of Management at Ryerson University, and the founder of Ryerson's Diversity Institute.

**"In spite of the undeniable progress, there is still work to be done and it must focus on multiple levels."**



## Worth mentioning

# Pope's blessing sought to stop melting glacier

After centuries of praying for a local glacier to stop growing, Swiss villagers are now seeking an audience with Pope Benedict XVI to get his blessing for prayers against the global warming that is causing it to recede.

In 1678, the inhabitants of the Alpine villages of Fieschertal and Fiesch made a formal vow to live virtuously and to pray against the growth of the Aletsch glacier, Europe's longest, which had caused a lake to flood into their homes.

To reinforce their prayers, they started holding an annual procession in

1862, when the glacier reached its longest during the mini-Ice Age Europe suffered in the mid-19th century.

But the villages now want to seek permission from Pope Benedict to change their vow as the glacier is melting fast due to climate change and have requested an audience with him.

Switzerland's glaciers shrank by 12 per cent over the past decade, melting at their fastest rate due to rising temperatures and lighter snowfalls, a recent study showed.

Glaciers are a key source of water for hydroelectric plants in Switzerland as well as an important tourist attraction.



Pope Benedict

## Metro Online Poll Results

56% SAID YES

Will Jim Balsillie succeed in his next opportunity to buy the Phoenix Coyotes?

44% SAID NO

Weigh in on today's question at metronews.ca

## Views

# Time to breathe new life into Heritage Days

## UrbanCompass

Terence Harding

metronews.ca/harding

Last weekend, I went to Servus Heritage Days for the first time in more than a decade. This may be Edmonton's version of heresy, but I'm wondering if the festival isn't in need of some revitalization.

The whole thing seems to have gotten a bit stale. Except for the inclusion of pavilions for Nigeria, Somalia and Sudan, not much seems to have changed since the first few times I went. There were the same ubiquitous kebabs, flat breads and varieties of dumplings for sale

along with the same kinds of trinkets and knick-knacks.

Don't get me wrong, I like the idea of celebrating the variety of cultures that make up the Edmonton mosaic. And I'm quite aware that thousands of us still go to the festival every year.

I'm just wondering if we could turn the festival into a much more engaging event. One of the keys to doing so might be to take a look back to the past.

When I first came to Edmonton, the late non-lamented Klondike Days was still going strong. Though I, like many others, wondered what right we had to appropriate the name from the Yukon, it

was still interesting to see so many women and men dressed up in their elaborate costumes. Store fronts were decorated accordingly and, for a few years, the promenade

was still a major event that drew people into the downtown.

Perhaps we should consider creating a Heritage Days week during which people would be encouraged to wear their native costumes to work in the same way that people were once encouraged to dress Klondike. I think it would be both interesting and a lot of fun to see our co-workers and friends dressed in saris, kimonos, caftans, lederhosen and any number of other folk-

**"I'm just wondering if we could turn the festival into a much more engaging event."**

loric costumes. It would certainly be a way to truly celebrate the multicultural nature of our city and it would serve to draw the kind of national media attention this city wants and needs.

Sir Winston Churchill Square could be used to showcase one or two cultures each year. That would provide us with a real opportunity to learn more about our neighbours. And perhaps we could create a heritage promenade along Jasper Avenue where all and sundry could exhibit their ethnic finery. That being done, we could all repair to Hawrelak Park to scarf down as many kebabs as we wanted.

Terence Harding is a corporate communicator. He's a keen observer of all things Edmonton; edmontonletters@metronews.ca.

Tell us your views by email to [edmontonletters@metronews.ca](mailto:edmontonletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metroedmonton

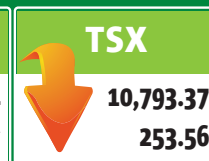
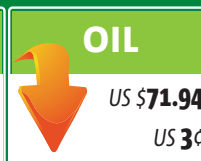
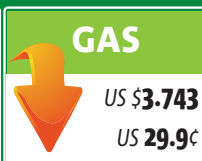
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**Carbon-eating cement project wins funding for U.K. firm**

Novacem, a British start-up company developing a cement that absorbs carbon dioxide, has raised one million pounds (\$1.8 million) to fund its work, underscoring the growing interest in eco-friendly construction ventures. **REUTERS**

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# Business



EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Credit delinquency soaring

**Canadians are missing credit payments at "an ever-increasing rate," fuelling a 24 per cent jump in annualized national delinquency rate in June, says a new report by Equifax Canada.**

The credit bureau released data Thursday showing the average delinquency rate for Canada

was 1.56 per cent at the end of June. In addition to the double-digit year-over-year increase, that rate rose three per cent over the prior month.

Equifax defines delinquent bills as those that are at least 90 days overdue. Its data show that Nova Scotia has the highest delinquency rate among

### Highest city rate

- Toronto continues to have the highest city delinquency rate at 2.03 per cent, even though its yearly increase rate is 20.12 per cent, which is below the national average.

the provinces at 2.09 per

cent, while Saskatchewan had the lowest at 1.24 per cent. Ontario's rate was 1.78 per cent, according to the report.

Alberta and British Columbia, meanwhile, continue to enjoy lower-than-average delinquency rates at 1.46 per cent and 1.35 per cent, respectively.

TORSTAR NEWS SERVICE

## Warner Music digital sales spike amid losses

**MUSIC** Warner Music Group posted a wider-than-expected quarterly loss Thursday as recorded music sales continued to tumble, sending shares down more than five per cent.

The world's third-largest music company said its loss from continuing operations was \$37 million US, or 25 cents a

### Top albums

- Top sellers in the three months to June 30 included Green Day, Flo Rida and the soundtrack from the film *Twilight*.

share, in the fiscal third quarter ended June 30, compared with a year-earlier loss of \$9 million, or

six cents a share. Revenue fell 9.3 per cent to \$769 million.

Analysts were expecting revenue of \$760.9 million and a loss of 16 cents per share.

Revenue from digital music grew by 5.4 per cent to \$175 million, accounting for nearly 23 per cent of the company's total revenue.

REUTERS

### Business in brief

**TRAVEL** WestJet Airlines Ltd. posted a 66 per cent drop in quarterly earnings Thursday as a weak economy squeezed travel demand, and the carrier said it expects no real improvement this year in revenue per seat mile. Still, the results at Canada's No. 2 airline were better than expected, helped by lower fuel costs and stronger than anticipated unit revenue.

REUTERS

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# Sports



## Snoop joins Ravens

Snoop Dogg, left, joined the Baltimore Ravens at a training camp practice Thursday, watching from the sideline before ending practice by leading a chant within the team huddle. Snoop arrived at practice with an entourage that included someone who held an umbrella over the singer's head. Snoop said he attended practice to see the Ravens' famous defence in action. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONWS.CA

## Harrington on a roll at Bridgestone

**GOLF** Ireland's Pádraig Harrington spectacularly rolled in three successive putts from more than 20 feet to grab a two-shot lead in Thursday's opening round at the Bridgestone Invitational.

The three-times major winner fired a flawless six-under-par 64 at Firestone Country Club.

Mike Weir of Bright's Grove, Ont., is seven back after a 1-over 71.

REUTERS

## Sports in brief

**FINED** Milwaukee Brewers star Prince Fielder and Los Angeles Dodgers pitcher Guillermo Mota have been fined for their run-in this week, but won't be suspended. Fielder charged the Dodgers clubhouse, but was restrained, after Tuesday's game in which he was hit by a pitch from Mota.

**MCNAIR** The Tennessee Titans will honour slain former quarterback Steve McNair by wearing a No. 9 decal on their helmets this season, starting with this weekend's Hall of Fame Game against the Buffalo Bills.

**TENNIS** The International Tennis Federation filed an appeal Thursday over an independent

tribunal's decision to essentially clear Richard Gasquet of doping after he tested positive for cocaine. The ITF's tribunal panel ruled last month that Gasquet inadvertently took cocaine by kissing a woman in a nightclub, and the Frenchman was cleared to resume playing after a 2½-month ban.

**SENTENCED** Julio Castillo, a minor-league pitcher who threw a baseball that went into the stands and injured a fan during an on-field melee in Ohio last year, has been sentenced to 30 days in jail and three years probation. Castillo faced a possible eight-year sentence.

METRO NEWS SERVICES

# Sutton was our Olympic soul

Field of Play

Scott Russell



metronews.ca/fieldofplay

Dr. Gene Sutton didn't look much like an Olympian. She resembled a kindly aunt or maybe your biggest fan. You know, the sort of person that was always there to support you when you played that crucial game or doubted yourself the most. She was there when you competed on your own. You looked up and there was Gene cheering you on — cheering all of Canada on.

She was a big part of the Olympic soul in this country and now she's

gone.

For many years Gene Sutton was the unsung hero of the Canadian Olympic Committee, who sat on its executive council and reminded its board of directors that the Olympics should be about more than making money and sacrificing principle in order to win the most medals.

"I call her the conscience of the Olympic movement in Canada," Chris Rudge, the head of the COC, has often said.

As the longtime chair of the Canadian Olympic Academy, the educational wing of the movement, Gene Sutton sent pilgrims to Olympia in ancient Greece to get in touch with the roots of the Olympics.

"It was a life changing experience for me," recalled gymnast Alexandra

Orlando, who competed in Beijing and only recently returned from the International Olympic Academy to learn of her mentor's Aug. 2 death.

"I'm still in shock," Orlando said.

Gene Sutton worked tirelessly in an effort to bring the Commonwealth Games to Hamilton and was a driving force behind the Pan American Games bid for 2015. She taught sport and recreation at Mohawk College and judged gymnastics on a national and international level since anyone can remember.

In 2003, Gene led Team Canada as the chef de mission at the Pan Am Games in the Dominican Republic. Everyone swears she attended every event any-

one who wore a Maple Leaf was involved in. She was the constant presence and the consummate cheerleader.

Gene was most at home in Olympia at the International Olympic Academy, a place she had lectured at many times. Maybe it was because she found like-minded people there from all over the world.

"It is the most beautiful and inspiring place I've ever been and I can't wait to get back," she once told me.

Maybe Gene Sutton is on her way there now to be at peace with her Olympic soulmates.

Scott Russell is the Host of CBC Sports Weekend seen Saturday afternoons. He has covered professional and amateur sports including nine Olympic games and numerous world championships.



Gene Sutton

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Kelly Gruber belts out a laugh as Todd Stottlemyre and Tom Henke stand by. Current Blue Jays and players from the World Series teams of '92 and '93 played in the Toronto Blue Jays Care Foundation 14th annual charity golf tournament at Rattle Snake Point Thursday in Milton, Ont.

## World champion Blue Jays reunited

**One is a successful stock market player. Some are going back to school. Most are coaching baseball at some level. And others are investing in the most important stock of all: Their families.**

Members of the 1992 and '93 Blue Jays World Series championship teams have gathered in Toronto this weekend for a long overdue, but still very welcome, reunion. They'll be given a tribute before Friday's game against Baltimore at the Rogers Centre and Saturday afternoon will have autograph sessions outside the stadium before the game.

The players find it hard to

believe so much time has gone by since they sat perched atop the baseball world — back-to-back at that. They also acknowledge that over that span, it has been difficult to keep up with each other despite the fact that for those two seasons many of them were like brothers.

Until this weekend, Jays manager Cito Gaston, who also managed those two championship teams, remained the closest link for Toronto fans to the glory days.

Whatever post-baseball trails they follow, the for-

mer Jays are forever tied together through their Series triumphs.

It's just "funny," as Tom Henke puts it, how life goes on after such a life defining moment.

"I'm as guilty as anyone, you get involved in your own life and you don't stay in touch as much as you should," Henke said.

"Sometimes you look at it like it never happened. Then you look at the ring on your finger (championship ring) and the trophies, and it comes back to you like it happened yesterday." TORSTAR NEWS SERVICE

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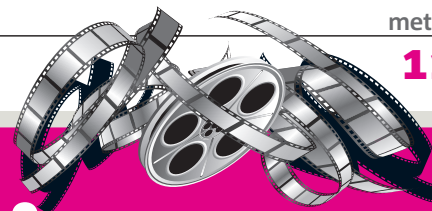
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# Movies & Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## Movies

### Lost in time

Pg 14



The Time Traveler's Wife, starring Canadian starlet Rachel McAdams and Eric Bana, is a bittersweet saga of separation and longing. "We tried to step away from the 'time travel' of it all," says McAdams of the love story.

## Movies

Pg 12



There's a lot to chew on in foodie flick Julie & Julia.

## Music

Pg 16



Songwriter Amos delves into sin, power and erotica.

## Television

Pg 18



Manson docudrama tracked down the crime's 'lookout.'

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Variety reports that Will Ferrell and director David Dobkin have backed out of Fox's comedy Neighborhood Watch. Ferrell had been set to play a man who uncovers a conspiracy while working with a neighborhood watch program. **EW.COM**

## Movies

\*\*\*\*\* A CLASSIC; \*\*\*\* EXCELLENT; \*\*\* GOOD; \*\* FAIR; \* POOR

# A finger-lickin' good flick

### Julie & Julia

**Director:** Nora Ephron  
**Stars:** Meryl Streep, Amy Adams, Stanley Tucci  
**Classification:** STC  
**Rating:** \*\*\*\*

ANNE BRODIE  
for Metro Canada

In *Julie & Julia*, director Nora Ephron weaves together two stories that take place in different centuries, countries and cultures, but inspired by a single force of nature — the iconoclastic Julia Child whose passion for French cooking changed North American cuisine.

Child's story, based on her memoir *My Life in France*, focuses primarily on her culinary adventures in Paris in the fifties, where she developed her palate, skills and landmark book *Mastering the Art of French Cooking* (for "servantless Americans").

The second story takes

place in blogger Julie Powell's grimy Long Island apartment, circa 2002, based on her book *Julie and Julia: 365 Days, 524 Recipes, 1 Tiny Apartment*. Powell set about a Herculean task; to prepare every recipe in Child's cookbook and write about it. The blog became a sensation, then a book, a play and now this film.

Meryl Streep is sensational, eerily spot on as Child, a larger than life character — literally and figuratively — with a booming yet oddly sing song voice and brimming with fearless positivity. Streep is intense and precise; even as she gives space to let Child, an original thinker, break loose from convention.

Adams, in her second project with Streep, plays Powell as endearing and ordinary. A mere mortal who challenges Child, she hopes that her quest will give shape and meaning to her life. But Powell is no Child.

While Powell is conven-



Meryl Streep brings legendary chef Julia Child to life in *Julie & Julia*.

tional, if ambitious, Child is playfully daring in her pursuit of food. Her chapters are sublime, like great French cuisine, and fun. Ultimately, the combination of Streep's performance and Julia Child's personality is so strong that the Powell chapters suffer.

Even the cinematography unfairly compares Powell's poorly lit walkup world to Child's gold toned sensual one. But they tend to balance each other and save us from too much of the other.

• For Julie and Julia trailers, screen times and photos.

## B movie, A-grade thrills

### A Perfect Getaway

**Director:** David Twohy  
**Stars:** Steve Zahn, Timothy Olyphant, Milla Jovovich  
**Classification:** STC  
**Rating:** \*\*\*\*

PHIL BROWN  
for Metro Canada

**REVIEW** Make no mistake, *A Perfect Getaway* is a B movie. It's a simple thriller designed to get the heart pumping before gently vanishing from memory as soon as the end credits roll.

However, it's also an uncommonly good one. Director David Twohy (*Pitch Black*) clearly loves the genre and while he honours his end of the bargain by providing plenty of suspense, twists and a liberal dose of bloody mayhem, there's also a layer of clever self-consciousness running through the film to tickle your brain as well.

It's as if everybody involved is winking at the camera and saying, "Look, we know this sort of thing



Milla Jovovich goes for the kill in *A Perfect Getaway*.

is stupid, but that doesn't mean you can't have a damn good time watching it."

Steve Zahn and Milla Jovovich star as an irritatingly perky couple enjoying a tropical honeymoon. Of course that joy quickly transitions into fear when they learn that there is a crazy couple somewhere on the island killing newlyweds.

It's all fairly standard stuff, but writer/director David Twohy fully embraces the type of movie he's making and plays with the clichés well.

**"AWESOME!  
CRAZY COOL AND SO MUCH FUN!"**  
— Harry Knowles, *Alt 113 Cool News*

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Jason Segel will be joining Jonah Hill and Jason Schwartzman for The Adventurer's Handbook for director Akiva Schaffer. The actor is attached to the film, based on the book by Mick Conefrey. EW.COM

## Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

# Love through the decades

## Duo in sync with Time Traveler's Wife

If there's one thing Eric Bana and Rachel McAdams appear to share, it's timing.

As they let out a perfectly synchronized, off-screen chuckle — his, a guffaw, hers a dainty peal — you're

momentarily intoxicated by their chemistry.

And you almost forget their upcoming film, The Time Traveler's Wife, opening opening next Friday, is a bittersweet saga of separation and longing, heavier on the tears than the laughs.

This month, the two breathe life into Audrey Niffenegger's novel, chronicling the relationship between the ill-fated Henry (Bana) and his perseverant wife Clare (McAdams), as they struggle to keep their love afloat despite his unpredictable tendencies to shuffle frenetically between decades.

"I think it was really important to root (our performances) into something that we could relate to and not just this intangible thing," shares McAdams.

"So we tried to step away



Eric Bana and Canadian starlet Rachel McAdams star in The Time Traveler's Wife, in theatres next Friday.

from the 'time travel' of it all — though Eric can attest to a little bit of that, being from Australia," she continues, mischievously glancing at her co-star, who admits that his trans-hemispheric flights home and regular bouts of jet lag certainly helped in prepping

for Henry.

"It's weird, but being an actor is perfect preparation for a character like this because there's a lot of plugging in and plugging out," Bana adds.

For Canadian actress McAdams, who fell head over heels for Niffenegger's

### On the web

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novel years ago, the role came with a fair share of trepidation.

"We knew we were going to be playing characters that people had already cast in their head, but how do you meld their idea with yours?" she muses. "At a certain point, though you just have to fall into it."

In the spirit of time travel, the two even mulled over eras they'd wanted to be transported to, ala Henry. "The '50s," quips Bana, who carries a fascination for the decades before his birth.

"I'd like to see my parents fall in love," reveals McAdams. "And go back to the good old days."

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Katherine  
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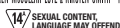


Gerard  
**BUTLER**



## the ugly truth

COLUMBIA PICTURES PRESENTS AN ASSOCIATION WITH RELATIVITY MEDIA A LAKEHOUSE ENTERTAINMENT / STEVEN REUTHER PRODUCTION A ROBERT LUNNEY FILM "THE UGLY TRUTH" ERIC WINTER JOHN MICHAEL HUGHES MAX SEARCY WITH KEVIN CONNOLLY AND CHEYENNE JONES WRITTEN BY KATON TIGHEAN PRODUCED BY ANDRE LAMAL ERIC RED KATHERINE HEIGL NANCY HEIGL KAREN MACGILLIVRAY KRISTEN SMITH RYAN KAVANAUGH COSTUME DESIGNER NICOLE EASTMAN EXECUTIVE PRODUCERS MICHAEL EASTMAN AND KAREN MACGILLIVRAY LUTZ & KRISTEN SMITH PRODUCED BY STEVEN REUTHER KIMBERLY A DONAVENTURA DEBORAH JEAN NEWMAYER PRODUCED BY TOM ROSENBERG GARY LUGGESH DIRECTED BY ROBERT LUNNEY



TheUglyTruth.ca



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REX REED, THE NEW YORK OBSERVER

Meryl Streep Amy Adams

Written for the Screen and Directed by Nora Ephron

## Julie & Julia

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COLUMBIA PICTURES PRESENTS AN EASY THERE TIGER/AMY ROBINSON PRODUCTION A LAURENCE MARK PRODUCTION A FILM BY NORA EPHRON "JULIE & JULIA" STANLEY TUCCI CHRIS MESSINA LINDA EMMOND WRITTEN BY ALEXANDRE DESPLAT SCREENPLAY BY ANN ROTH EDITOR RICHARD MARKS A.C.E. PRODUCTION DESIGNER MARK RICKER PHOTOGRAPHY BY STEPHEN GOLDBLATT A.S.C. EXECUTIVE PRODUCERS SCOTT RUDD DONALD J. LEE JR. DANA STEVENS BASED ON THE BOOKS "JULIE & JULIA" BY JULIE POWELL AND "MY LIFE IN FRANCE" BY JULIA CHILD WITH ALEX PROUDHOMME SCREENPLAY BY NORA EPHRON PRODUCED BY LAURENCE MARK NORA EPHRON AMY ROBINSON ERIC STEEL DIRECTED BY NORA EPHRON

[JulieAndJulia.ca](http://JulieAndJulia.ca)

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Independent

This week's new releases are highlighted in pink.

## Screen Times

THESE PAGES COVER MOVIE START TIMES FROM FRI., AUG. 7 TO THURS., AUG. 13. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CITY CENTRE 9 CINEMAS  
10200 102nd Ave., 780-421-7020

**(500) Days of Summer** (PG) Stadium Seating, Dolby Stereo Digital, No Passes Fri-Thru 12:30-4:40-9:15

**Aliens in the Attic** (PG) Stadium Seating Fri-Thru 12:30-3:30

**Distric 9** (18A) Stadium Seating, No Passes Thu 12:01 (midnight)

**Funny People** (18A) Stadium Seating, Dolby Stereo Digital Fri-Thru 12:10-3:30-6:50-10:15

**G.I. Joe: The Rise of Cobra** (14A) No Passes, Stadium Seating Fri-Thru 12:15-3:10-6:45-9:30

**The Hangover** (18A) Stadium Seating, Dolby Stereo Digital Fri-Thru 9

**Harry Potter and the Half-Blood Prince** (PG) Stadium Seating Fri-Thru 12:30-4:40-7:10-10:20

**Julie & Julia** (PG) DTS Digital, Stadium Seating, No Passes Fri-Thru 1:40-3:30-10:45

**Public Enemies** (14A) Dolby Stereo Digital, No Passes, Stadium Seating Fri-Thru 12:40-3:50-7:20-10:30

**The Ugly Truth** (14A) Stadium Seating, Dolby Stereo Digital Fri-Thru 12:45-3:15-7:15-9:45

CLAREVIEW 10 CINEMAS  
4211 139th Ave., 780-472-7600

**Aliens in the Attic** (PG) Fri-Thru 12:10-2:20-4:30-7:05

**Distric 9** (18A) No Passes Thu 12:01 (midnight)

**Funny People** (18A) Fri-Thru 12:30-2:45-9:50

**G-Force** (G) Fri-Thru 12:05-2:25-4:40-7:10-9:25

**G.I. Joe: The Rise of Cobra** (14A) No Passes Fri-Thru 12:30-3:30-6:30-9:30-10:15

**The Hangover** (18A) Fri-Thru 9:15

**Harry Potter and the Half-Blood Prince** (PG) Fri-Thru 12:40-4:20-8

**Julie & Julia** (PG) No Passes Fri-Thru 12:20-4:10-6:50-9:40

**A Perfect Getaway** (18A) Fri-Thru 12:50-3:40-7:15-9:35

**Transformers: Revenge of the Fallen** (PG) Fri-Thru 11:55-3:15-6:35-9:55

**The Ugly Truth** (14A) Fri-Thru 1:10-3:50-7:20-9:45

## GARNEAU THEATRE

8712-109 St., 780-433-2212

**The Hurt Locker** (14A) Fri 6:45-9:15 Sat-Sun 2:45-9:15 Mon-Thru 6:45-9:15

## METRO CINEMA

Zeidler Hall, Citadel Theatre Complex, 9828-101 Ave., 780-425-9212, metrocinema.org

Listings not available at press time.

## MOVIES 12

5074 130 Ave., 780-472-9779

**Angels & Demons** (14A) Fri-Thru 1:15-4:50-9:50

**Imagine That** (G) Fri-Sat 2:45-5:30-9:55-12:10 Sun-Thru 2:45-5:30-9:55

**Land of the Lost** (PG) Fri-Sat 1:45-4:40-7:10-9:35-11:50 Sun-Thru 1:45-4:40-7:10-9:35

**Love Aaj Kal (Hindi w.e.s.t.)** (PG) Fri-Thru 1:10-4:50-9:50

**Monsters vs. Aliens** (G) Fri-Thru 1:50-4:45-7:05-9:10

**Moon** (14A) Fri-Sat 1:25-4:25-6:45-9:15-11:35 Sun-Mon 1:25-4:25-6:45-9:15 Tue 6:45-9:15 Wed-Thru 1:25-4:25-6:45-9:15

**Night at the Museum: Battle of the Smithsonian** (PG) Fri-Sat 1:30-4:20-7:25-11:40 Sun-Thru 1:30-4:20-7:25

**The Taking of Pelham 123** (14A) Fri-Sat 1:35-4:10-7:15-9:45-12 Sun-Thru 1:35-4:10-7:15-9:45

**Terminator Salvation** (14A) Fri-Sat 1:20-4:05-6:55-9:40-12:05 Sun-Thru 1:20-4:05-6:55-9:40

**Whatever Works** (PG) Fri-Sat 1:20-4:15-7:05-9:20-11:30 Sun-Thru 1:20-4:15-7:05-9:20

**X-Men Origins: Wolverine** (14A) Fri-Sat 1:55-4:30-7:25-10:12-12:15 Sun-Thru 1:55-4:30-7:25-10

**Year One** (14A) Fri-Sat 1:40-4:35-7:20-9:30-11:45 Sun-Thru 1:40-4:35-7:20-9:30

## NORTH EDMONTON CINEMAS

14231 137th Ave., 780-732-2236

**Aliens in the Attic** (PG) Fri-Thru 11:50-2:40-6:50

**Funny People** (18A) Fri-Thru 12:50-2:20-4:40

6:20-7:20-9:40-10:30 Wed 2:20-4:6-20-7:20-9:40-10:30 Thu 12:50-2:20-4:6-20-7:20-9:40-10:30 Star & Strollers Screening Wed 1

**G-Force in Disney Digital 3D** (G) Fri-Thru 12:20-2:30-4:50-7:15-9:30

**G.I. Joe: The Rise of Cobra** (14A) Fri-Thru 12:30-1:30-3:20-4:40-6:30-7:40-9:20-10:40

**The Hangover** (18A) Fri-Thru 1:50-7:50-10:10

**Harry Potter and the Half-Blood Prince** (PG) No Passes Fri-Wed 12:10-3:30-7:10-10:15 Thu 12:10-3:30-7:10-10:15

**Ice Age: Dawn of the Dinosaurs 3D** (G) Fri-Thru 12:10-4:30-6:55-9:10

**Julie & Julia** (PG) No Passes Fri-Thru 1:30-6:45-9:45

**Orphan** (18A) Fri-Thru 4:45

**A Perfect Getaway** (18A) Fri-Thru 12:45-3:50-8:10-35

**The Proposal** (PG) Fri-Thru 1:40-4:10-6:40-9:15

**Public Enemies** (14A) Fri-Thru 9

**Transformers: Revenge of the Fallen** (PG) Fri-Thru 12:15-3:40-7:10-10:20 Wed 12:15-3:40-7:10-10:20

**The Ugly Truth** (14A) Fri-Thru 12:40-2:50-5:10-7:30-10

## PRINCESS I &amp; II

10337 Whyte Ave., 780-433-0728

**Fifty Dead Men Walking** (14A) Fri 9 Sat-Sun 3-9 Mon-Thru 9

**Food, Inc.** (PG) Fri 7 Sat-Sun 1-7 Mon-Thru 7

**Humpday** (18A) Fri 7:10-9:10 Sat-Sun 2:7-10-9:10 Mon-Thru 7:10-9:10

## SCOTIABANK THEATRE WEST MALL

8882 170th St., 780-444-2400

**Aliens in the Attic** (PG) Fri-Thru 12:10-2:30-4:45-7:15

**Funny People** (18A) Fri-Thru 12:30-2:7-10-20 Wed 4:7-10-20 Thu 12:30-2:7-10-20 Star & Strollers Screening Wed 1

**G-Force in Disney Digital 3D** (G) Fri-Thru 11:50-2:15-4:40-7:10-9:40

**G.I. Joe: The Rise of Cobra** (14A) Fri-Thru 12:30-3:30-6:30-9:30 Fri-Thru 1:30-4:30-7:30-10:30

**The Hangover** (18A) Fri-Thru 1:40-7:50-10:45

**Harry Potter and the Half-Blood Prince** (PG) No Passes Fri-Wed 12:45-4:15-8 Thu 12:45-4:15-8

**Harry Potter and the Half-Blood Prince: The IMAX Experience** (PG) No Passes Fri-Wed 11:45-3:15-6:45-10:15 Thu 11:45-3:15-6:45-10:15

**Ice Age: Dawn of the Dinosaurs 3D** (G) Fri-Thru 1:20-3:50-6:40-9:15

**Julie & Julia** (PG) No Passes Fri-Thru 12:20-3:40-6:50-9:50

**Orphan** (18A) Fri-Thru 4:50

**A Perfect Getaway** (18A) Fri-Thru 1:10-4:10-7:40-10:40

**The Proposal** (PG) Fri-Thru 9:40

**Transformers: Revenge of the Fallen** (PG) Fri-Sun 11:45-3:30-10 Mon 11:45-3:10 Tue 11:45-3:30-10 Wed 11:45-3:10 Thu 11:45-3:30-10

**The Ugly Truth** (14A) Fri-Thru 1:4-7:20-10:10

## SOUTH EDMONTON COMMON

1525 99th St., 780-436-8585

**(500) Days of Summer** (PG) Fri-Thru 1:15-3:50-7:10-9:35

**Aliens in the Attic** (PG) Fri-Thru 11:40-2:40-6:50

**Brüno** (18A) Fri-Thru 7:55-10:25

**Funny People** (18A) Fri-Thru 12:30-4:6-45-10:20

**G-Force** (G) Fri-Thru 12:40-4:10

**G-Force in Disney Digital 3D** (G) Fri-Thru 11:50-2:15-4:45-7:20-9:45

**G.I. Joe: The Rise of Cobra** (14A) Fri-Thru 12:12-3:30-3:30-7:30-10:10-10:40

**The Hangover** (18A) Fri 1:15-4:45-10:35 Sat 4:45-10:35 Sun-Wed 1:15-4:45-10:35 Thu 4:45-10:35

**Harry Potter and the Half-Blood Prince** (PG) No Passes Fri-Wed 11:40-3:30-10:10 Thu 11:40-3:30-10:10

**The Hurt Locker** (14A) Fri-Thru 11:45-3:20-6:40-9:50

**Ice Age: Dawn of the Dinosaurs 3D** (G) Fri-Thru 12:10-2:40-5:10-7:35-10

**Julie & Julia** (PG) No Passes Fri-Thru 12:50-4:6-50-9:45

**Metropolitan Opera: The Barber of Seville** (STC) Sat 11

**Orphan** (18A) Fri-Thru 10:05

**A Perfect Getaway** (18A) Fri-Thru 12:20-3:45-7:40-10:15

**The Proposal** (PG) Fri-Thru 3:15-7:15-9:55

**Transformers: Revenge of the Fallen** (PG) Fri-Sun 11:55-3:10-6:45-9:55 Mon 11:55-3:10-9:55 Tue-Wed 11:55-3:10-6:45-9:55 Thu 11:55-3:10-9:55

**The Ugly Truth** (14A) Fri-Wed 11:50-2:10-4:35-7:25-10:30 Star & Strollers Screening Thu 1

**Up** (G) Fri-Thru 12:35

**TELUS WORLD OF SCIENCE**  
Edmonton Space And Science Centre, 1121-142 St., 780-451-3344

**Fly Me to the Moon** (G) Fri-Sat 11:3 Sun 11:3-6 Mon 11:3 Tue 11:3-6 Wed 11:3 Thu 11:3-6

**Grand Canyon Adventure: River at Risk** (STC) Fri-Thru 2:5

**Van Gogh: Brush With Genius** (STC) Fri-Sat 12-4-6 Sun 12-4 Mon 12-4 Tue 12-4 Wed 12-4 Thu 12-4

**Wild Ocean** (STC) Fri-Thru 1:7

**WESTMOUNT CENTRE**  
111 Ave. & Groat Rd., 403-455-8726

**Funny People** (18A) DTS Digital Fri-Thru 11:45-3:6-25-9:40

**G.I. Joe: The Rise of Cobra** (14A) Dolby Stereo Digital, No Passes Fri-Thru 12:15-3:45-7:10-10

**A Perfect Getaway** (18A) DTS Digital Fri-Thru 12:30-3:30-7:10-9:50

**The Ugly Truth** (14A) Dolby Stereo Digital Fri-Thru 12:15-6:40-9:20

**GRANDIN THEATRES**  
101-22 Sir Winston Churchill Ave., St. Albert, 780-458-9822

**Aliens in the Attic** (PG) Fri-Thru 1:25-5:40-6:10-7:55-9:40

**Funny People** (14A) Fri-Thru 12:50-3:30-6:10-8:55

**G-Force** (G) Fri-Thru 1:05-2:45-4:35-6:15-8:40

**G.I. Joe: The Rise of the Cobra** (14A) No Passes Fri-Thru 12:30-2:45-4:55-7:10-9:25

**Harry Potter and the Half-Blood Prince** (PG) Fri-Thru 1:45-4:45-7:50

**PARKLAND CINEMA**  
130 Century Crossing, Spruce Grove, 780-962-2332

**Aliens in the Attic** (PG) Fri 7:05-9 Sat-Sun 1:05-3:05-9 Mon 7:05-9 Tue 1:05-3:05-9 Wed 7:05-9 Thu 1:05-3:05-9

**Funny People** (14A) Fri 6:45-9:30 Sat-Sun 12:45-3:30-6:45-9:30 Mon 6:45-9:30 Tue 12:45-3:30-6:45-9:30 Wed 6:45-9:30 Thu 12:45-3:30-6:45-9:30

**G-Force** (G) Fri 7:10-9:10 Sat-Sun 1:10-3:10-7:10-9:10 Mon 7:10-9:10 Tue 1:10-3:10-7:10-9:10 Wed 7:10-9:10 Thu 1:10-3:10-7:10-9:10

**G.I. Joe: The Rise of Cobra** (14A) Fri 6:50-9:15 Sat-Sun 12:50-3:15-6:50-9:15 Mon 6:50-9:15 Tue 12:50-3:15-6:50-9:15 Wed 6:50-9:15 Thu 12:50-3:15-6:50-9:15

**Harry Potter and the Half-Blood Prince** (PG) Fri 6:30-9:25 Sat-Sun 12:30-3:25-6:30-9:25 Mon 6:30-9:25 Tue 12:30-3:25-6:30-9:25 Wed 6:30-9:25 Thu 12:30-3:25-6:30-9:25

**Julie & Julia** (PG) Fri 7:20-9:20 Sat-Sun 1:30-7:20-9:20 Mon 7:20-9:20 Tue 1:30-7:20-9:20 Wed 7:20-9:20 Thu 1:30-7:20-9:20

**The Ugly Truth** (14A) Fri 6:55-9:05 Sat-Sun 12:55-3:05-6:55-9:05 Mon 6:55-9:05 Tue 12:55-3:05-6:55-9:05 Wed 6:55-9:05 Thu 12:55-3:05-6:55-9:05

**GALAXY CINEMAS SHERWOOD PARK**  
2020 Sherwood Dr., Sherwood Park 780-416-0152

**Aliens in the Attic** (PG) 11:45-2:45-6:40

**A Perfect Getaway** (14A) 1:45-4:20-7:20-10:20

**Funny People** (14A) 12:30-3:45pm-7:15pm-10:15pm

**G.I. Joe: The Rise of Cobra** (14A) 1:15-4:30-7:30-10:30

**G-Force** (G) 12:20-3:45-7:05-9:20

**The Hangover** (18A) 9:10

**Harry Potter And The Half-Blood Prince** (PG) No Passes 11:30-2:45-6:30-9:50

**Julie & Julia** (PG) No Passes 12:45-4:7-10

**The Proposal** (G) 1:30-4:10-7:10-9:40

**The Ugly Truth** (14A) 1:35-5:05-9:30

**Transformers: Revenge Of The Fallen** (PG) 12:15-3:30-6:50-10:05

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## Music

## Beastie Boys' MCA recovering

**PEOPLE** Beastie Boys member Adam "MCA" Yauch, recently diagnosed with cancer, is "rapidly recovering" from surgery, and is gearing up for seven weeks of radiation treatment.

Yauch, 45, announced last month that doctors had found a cancerous tumor in his left salivary gland, as well as a lymph node. The Beasties subsequently postponed the Sept. 15 release of new album, *Hot Sauce Committee Part 1*, and canceled all scheduled live performances.

In an e-mail to fans, Yauch said the surgery took place about a week and a half ago, and he returned home after just one night in the hospital "to relax, have home cooked food and hang out with the family."

REUTERS

## Amos attracted to sin

Singer-songwriter reworks the definition of power

BRIAN COULTON  
for Metro Canada

**In a traditional understanding of power, Tori Amos says there are two kinds of people: Those with authority, and those with money.**

"But that doesn't mean that's the kind of power that I'm attracted to," says the famed feminist American singer/songwriter, now London-based.

Though she says it took her many years to reach the realization the ability to earn and exert control over another doesn't posit power, Amos explores her redefinition on her latest album, *Abnormally Attracted to Sin*.

"Abnormal," in this sense, refers not to Amos' escalated inclination toward sin, but how her attraction is uncharacteristic as a result of the discovery that sin need not be defined by the power structures that have historically deemed incompatible sexuality and spirituality.

"Those are almost words sort of like ketchup and mustard," she says, "Let's take it to erotica."

The difficulty of integrat-

**"Those kinds of people, with the ability to survive turbulent times ... that's power."**

Tori Amos

ing erotica into their lives is a constant recurring theme Amos says she's noticed in women from cultures around the world as she travels more and listens to their stories.

"They have a hard time equating anything in their life with the concept of what would be an aphrodisiac," she says, "I'm not saying they don't find (pleasure) in their life, but they just feel as if this raw passion cannot be accessed if you're going to walk a spiritual path or step into some kind of motherhood."

Such submission to the power of a spiritual authority is but a microcosm of the greater social effects of power Amos sees, which she says are shattering due to the shifting of power's popular notions.

"If it goes in change, then there are going to be a lot of unsuccessful people around the world be-



*Abnormally Attracted to Sin* is the latest album from Tori Amos.

cause, for such a long time, it's been if you're a provider or what you can manifest as far as the physical world goes — being able to get a property and get a job and all that type of stuff," she says, "There are a lot of people who are

losing all kinds of things, like their jobs."

But it's amidst significant loss that Amos has found what the real definition of power is. And measured by her own interpretation, it's an ability she's long possessed — Creation.

"I've seen people who are able to create out of destruction. They're able to survive in a world when everything is changing," she says. "Those kinds of people, with the ability to survive turbulent times ... that's power."

**TOP 10 RINGTONES**

1. I Gotta Feeling Black Eyed Peas
2. I Know You Want Me Pitbull
3. Fire Burning Sean Kingston
4. Boom Boom Pow Black Eyed Peas
5. Birthday Sex Jeremih
6. One Time Justin Bieber
7. Day N Nite Kid Cudi
8. Thriller Michael Jackson
9. Knock You Down Keri Hilson
10. Papazzzi Lady Gaga

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**metro**

## Depeche Mode bounces back

## SoundCheck

Alan Cross

[metronews.ca/soundcheck](http://metronews.ca/soundcheck)

The most startling stat anyone can tell you about Depeche Mode is this: Since the group's inception in 1980, they have sold 100, 000,000 records. One. Hundred. Million.

Through 14 studio albums, several live records and unaccountable remixes, Depeche Mode has survived catastrophes that would have destroyed lesser bands.

The first crisis came after Depeche Mode's first tour when chief songwriter, Vince Clarke, decided to quit. The second



Depeche Mode has sold more than 100 million albums.

tsunami surrounded the Songs of Faith and Devotion tour in 1993-94 that involved (a) grand mal seizures; (b) nervous breakdowns; (c) the departure of keyboardist/programmer, Alan Wilder; and (d) the clinical death and long rehab of singer Dave Gahan.

Gahan figured in the most recent crises, too, although he can hardly be

faulted for anything. A suspected case of food poisoning picked up around his 47th birthday in early May turned out to be a malignant tumour on his bladder. The tour had just restarted when Dave suffered a torn calf muscle that was initially mistaken for a twisted ankle. More cancelled shows.

Yet here I am, backstage

in Toronto at the first show of the North American leg of the Sounds of the Universe tour with Martin Gore and Andrew Fletcher. "To be honest," says Fletcher, "this has been most strange since this has been our most successful tour. And also calamitous at the same time."

"It's also ironic because we're in a better state than we've ever been for any tour," adds Gore. "As a band, we were more prepared, physically fitter and two shows in, we had to take a three-week break."

"Dave has taken these knocks in a really great way," says Fletcher. "But he's very competitive. He's really been performing like he's never performed. Now we're hoping for a nice run of normal gigs."

The Ongoing History Of New Music can be heard on stations across Canada. Read more at [ongoinghistory.com](http://ongoinghistory.com) and [exploremusic.com](http://exploremusic.com)





**T**ake Sushma and Baskar Rao. The software engineer and her chartered accountant husband landed in Canada on January 16 this year, and the very next day they applied for SIN cards and credit cards. Having activated their Canadian banking account while still in Bangalore (India), they were also able to transfer their funds to Canada with great ease – something that was not possible before Scotiabank launched the *Scotiabank StartRight™* program for newcomers to Canada.

Baskar was one of the first applicants in India to take advantage of the *Scotiabank StartRight* Program. “We had an account with Scotiabank in Canada within a week of applying in India, and within two or three weeks, we had remitted funds to Canada,” he says.

“The credit goes to my brother,” says Baskar, 34. “He told me to check out the *Scotiabank StartRight* Program for newcomers that Scotiabank offers through its branches and in partnership with HDFC Bank in India.”

Rania Llewellyn, Vice-President, Multicultural Banking at Scotiabank, says Canada receives approximately 250,000 new immigrants a year. She adds “While a very significant proportion of these are from South Asia, China and the Philippines, the *Scotiabank StartRight* Program addresses the needs of all new immigrants, wherever they come from.”

## Establishing credit history in Canada is vital

Having worked in the US with KPMG for a year, Baskar says he knew it was important to get his credit history meter ticking as soon as possible. “With the *Scotiabank StartRight* Program, I was able to do so on day one.”

Sushma has also taken advantage of the small safety deposit box<sup>1</sup> offered free for a year as part of the *Scotiabank StartRight* Program. “Our focus group discussions show new immigrants place a high value on safety deposit boxes and getting a credit card,” says Pankaj Mehra, Director, India and South Asian Markets. Many immigrants with their inherent faith in precious metals would be happy to learn that Scotiabank is Canada’s gold bank.

“Through our subsidiary - ScotiaMocatta, we are one of the largest distributors of precious metals in the world - we cater to the

## Scotiabank StartRight Program opens doors to a new life.

New immigrants coming to Canada tend to be educated, qualified, well-heeled and savvy.



SUSHMA & BASKAR RAO  
NEW IMMIGRANTS AND  
SCOTIABANK CUSTOMERS

very substantial gold and jewellery markets in India,” says Mehra. “In the Canadian context, what this means is that Scotiabank clients can invest in gold by getting coins and gold bars, and invest in other precious metals at our branches across Canada”

## Getting settled – one step at a time

Baskar landed a job as an internal auditor, a month into the job hunt. “I’d been prepared to take whatever came my way as it is not good to sit idle, so it feels great to land a job in my field.” With the financial pressure off, Sushma was better able to concentrate on her own job hunt. She had met consultants, applied for positions, and eventually landed a job with Research in Motion.

When their immigration papers came through, Baskar says his father and brother advised him to move to Canada with his wife rather than coming alone first, finding a job and then getting her to join him. “Enjoy both the hardships and the happiness together,” they said.

Things which can be overwhelming for a new immigrant were handled with such ease thanks to the friendly and helpful people at Scotiabank. Honestly, I don’t see us facing any

hardships,” says Baskar. “Scotiabank helped us skip a few steps by starting us off on the right note while we were still in India – I call it the Dummies’ Guide to Banking! The *Scotiabank StartRight* Program opened the doors for us to our new life.”

## Feeling at home in Canada

The Raos enjoyed their first Canadian winter this year. “Shovelling was fun – I was an apprentice to my brother!” laughs Baskar who was living together with his brother then. Sushma thinks Spring is beautiful and is looking forward to enjoying the beauty of each season as it unfolds – though we feel this summer hasn’t been anything to talk about.

“We love Canada,” says Sushma.

“Bangalore is multicultural in the local sense, Canada is multicultural in the international context. We fit right in. We feel at home!”

## Hiring people from within the community

Making new immigrants feel at home are *Scotia®* advisors like Jaswant Thind, who apply their own experiences as new immigrants in their interactions with the bank’s clients.

With several years of experience in sales and finance in Punjab, India, Thind landed a transition job the day after landing at Pearson International. “When I got my first cheque a week later, I didn’t have an account to deposit it in” he recalls. Today, a financial advisor at Scotiabank’s Queen Street branch in Brampton, Thind advises newcomers on issues vital to their settling in well in their new country.

“I see people who have been in Canada for three or four years and still don’t have a credit card. They come from cash societies where credit card use is still to catch on in a big way. I tell them to apply for a no-fee credit card<sup>2</sup> through the *Scotiabank StartRight* Program; and that without a credit history, they will find it next to impossible to get a mortgage, or a car loan.”

He says people often feel more comfortable discussing their finances in their own language and he is happy to speak to customers in Punjabi. “Coming from a similar background, I feel I understand their needs better.”

Aware of the value South Asians place on education, he also advises them to invest in RESPs to finance their children’s higher studies. Thind is active in the community and says people will often approach him at the gurudwara (Sikh temple of worship) or at malls and parks to ask for financial tips. “Coming from a similar background, I feel I understand their needs better,” says Thind.

“At Scotiabank, we realize the importance of building a workforce that truly reflects the communities we serve” says Rania Llewellyn. The Bank embraces diversity in all its facets, and its culture is based on community and teamwork. “We even participate in programs that provide career opportunities to new immigrants”, she adds.

*Scotia* advisors like Jaswant Thind can serve new immigrants in many different languages.



JASWANT THIND  
FINANCIAL ADVISOR

**For information on a full range of newcomer friendly programs you can contact Scotiabank at 1-866-800-5159 or visit [www.startright.scotiabank.com](http://www.startright.scotiabank.com). Or, find a branch that can serve in your home language at [www.scotiabank.com/branchlocator](http://www.scotiabank.com/branchlocator)**



## 18 movies &amp; entertainment

Director, writer Hughes dies at 59

Film writer and director John Hughes, whose credits include *The Breakfast Club*, *Planes, Trains and Automobiles*, *Home Alone* and *Ferris Bueller's Day Off*, has died of a heart attack at age 59, his spokesman said Thursday. **REUTERS**

## Television



Charles Manson is played by actor Adam Wilson in the new docudrama *Manson*.

## Manson murders' 'lookout'

New docudrama focuses on family member Linda Kasabian

IAN JOHNSTON  
for Metro Canada

**The toughest part of making the docudrama *Manson* wasn't the recreating of the brutal Tate/LaBianca murders. It was locating the focus of the film — Manson family member Linda Kasabian.**

Kasabian — the so-called "lookout" for the murders

— had been in hiding for decades. So it took some professional detective work by the Toronto-based Cinéfix to locate her. Convincing her to do the interview was another matter.

"It took months and months to track her down," says executive producer Nick Godwin. "She had vowed never to talk about it again, so we weren't sure

she'd be willing to do the interview 'til days before (filming)."

But Kasabian did finally agree, traveling to Toronto for the interview.

"She was very apprehensive and nervous.

In the first day, it took literally three, four hours

to get her on camera," says Godwin.

"As time went on, she opened up and began to trust us."

Combining interviews with Kasabian, chief prosecutor Vincent Bugliosi, former family member Catharine Share and effective dramatic re-creations, *Manson* tells the harrowing tale of how young, single mother Kasabian came under the influence of Charles Manson (played by Adam Wilson). What started off as a refuge for the desperate Kasabian, quickly turned nightmarish.

Still, though the docudrama's sympathies are squarely with Kasabian —

who never personally committed any of the murders — she's isn't let off the hook either.

"It's a difficult line to tread," says Manson director Neil Rawles. "You can't forget the real victims — those who died and their families."

The docudrama also makes a strong case for the mesmerizing quality of Charles Manson — who hobnobbed with

many of the day's biggest musicians. They included Dennis Wilson of the Beach Boys, who introduced Manson to record producer Terry Melcher.

When Manson's attempt to secure a record deal fell through, the rejection seemed to propel him into madness. It's no accident that the Tate murders came at the former home of Melcher.

"I think the rejection really flicked a switch in his head," says Rawles. "He really started to believe he'd be famous — a great rock star."

**Manson premieres on The History Channel on Sunday night**

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/7/09	2 CFRN 239 318	3 KHQ - 370	4 CBXT - 307	6 KREM - 372	7 CKEM 241 347	8 CITY 240 339	13 KXLY - 371	16 KAYU - 373	19 CHTV -	22 KSPS - 374	54 CTN 501 391	20 TSN 400 400
prime time	Corner Gas	News (N)	De-Millionaire	Jeopardy!	Law & Order: SVU	ET Canada	4 News at 6	The Simpsons	The Insider (N)	NewsHour With Jim Lehrer	CTV News Tonight	CFL Football: Argonauts at Alouettes
news	Hollywood	Be-Millionaire	Jeopardy!	The Doctors	Mantracker	Entertainment	4 News at 6:30	Raymond	The Insider (N)	NewsHour With Jim Lehrer	CTV News Tonight	CFL Football: Argonauts at Alouettes
sports	Criminal Minds	Wheel-Fortune	Surviving Sub.	The Unit "Hill 60"	NUMB3RS (HDTV)	Entertainment	The Insider (N)	Smarter Than a 5th Grader?	Goode Family	Being Served	CTV News	CFL Football: Saskatchewan Roughriders at BC Lions. (HDTV) (Live)
family	Jeopardy!	Wheel-Fortune	Surviving Sub.	The Unit "Hill 60"	NUMB3RS (HDTV)	Entertainment	The Insider (N)	Smarter Than a 5th Grader?	Goode Family	Being Served	CTV News	CFL Football: Saskatchewan Roughriders at BC Lions. (HDTV) (Live)
cable variety	Jeopardy!	Wheel-Fortune	Surviving Sub.	The Unit "Hill 60"	NUMB3RS (HDTV)	Entertainment	The Insider (N)	Smarter Than a 5th Grader?	Goode Family	Being Served	CTV News	CFL Football: Saskatchewan Roughriders at BC Lions. (HDTV) (Live)

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prime time	W-Five (DVS)	Judge Judy	The Nature of Things	Easy Money	Doc "Welcome to NY"	ET Canada	4 News at 6	The Simpsons	The Insider (N)	NewsHour With Jim Lehrer	CTV News Tonight	CFL Football: Argonauts at Alouettes
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## Mix of Six

## Edmonton Folk Music Festival

When: Friday through Sunday  
Where: Gallagher Park

If you haven't got tickets for this massive outdoor festival, you may be out of luck. The sold-out weekend folk music extravaganza brings together dozens of performers from right here in Edmonton and around the globe. For more info, visit [efmf.ab.ca](http://efmf.ab.ca).

## Penny Carnival

When: Sunday, noon - 4 p.m.  
Where: Rutherford House, 11553 Saskatchewan Dr.

Traditional games, goodies and carnival fare at old-fashioned prices. A family-focused event that will combine fun and a look back at history. For more information, call (780) 427-3995.

## Rock'n August

When: Friday through Sunday  
Where: St. Albert (Various locations)

This yearly event combines classic cars, dancing, a silent auction and family-friendly events, drawing in thousands from the capital region. For more information, visit [rocknaugust.com](http://rocknaugust.com).

## Animethon 16

When: Friday through Sunday  
Where: Grant MacEwan City Centre Campus, 10700 - 104 Avenue

Calling all nerds! The 16th annual trade fair bringing together all things anime, comics, gaming, and karaoke. For more information, visit [animethon.org](http://animethon.org).

## Skateboarding competition

When: Saturday 8:30 a.m. to 11:30 a.m.  
Sunday 9 a.m. to 1 p.m.

The biggest skateboarding competition in Edmonton's history will rip through city streets on Saturday and Sunday. Over 100 skaters from Canada and the US. Visit [rogueace.com](http://rogueace.com).

## MetalFest 2009

When: Friday & Saturday  
Where: Starlite Room 10030 - 102 St.

Fourteen bands under one roof in two days. MetalFest brings together the city's most thrashin' heavy metal acts. Tickets are \$12, and are available at Brixx and Blackbyrd.



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For more details on these great offers, visit your TELUS authorized dealer or retailer, visit [telusmobility.com](http://telusmobility.com) or call 1-866-264-2966.

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## Celebrity Buzz

## Miley fan arrested again

**CREEPY** A Miley Cyrus fan who was recently released by officials because there was no room for him in jail has been arrested a second time, femalefirst.co.uk is alleging.

The website reports that a 53-year-old was jailed on Tuesday for attempted stalking after he was spotted loitering around the Georgia set location of the teenage superstar's new movie *The Last Song*.

According to TMZ.com, the man ad-

mitted he was trying to make contact with the 16-year-old, despite previously being warned by cops to stay away from the singer-actress.

When he was first arrested in June, police said the man had "had observed Cyrus on her balcony, that he sent her special presents and that he (claimed he) was going to marry Cyrus and even invited the (arresting) police officer to the wedding."

METRO NEWS SERVICES

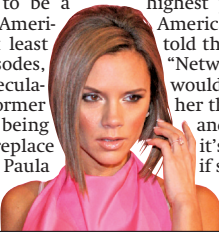


## Posh set to join Idol?

**REALITY TV SHAKEUP** Victoria Beckham has reportedly signed a deal to be a guest judge on American Idol for at least two episodes, prompting speculation that the former Spice Girl is being groomed to replace the outgoing Paula Abdul on the popular show.

"Victoria is hugely flattered, as this is one of the highest profile gigs in America," a source told the Daily Mirror. "Network bosses would love to give her the job full-time and it looks like it's there for her if she wants it."

METRO WORLD NEWS



## Bloody shirt a clue in MJ case?

**ANOTHER MYSTERY?** A white, blood-stained blouse was found hanging in Michael Jackson's wardrobe, femalefirst.co.uk reports.

The women's garment — which still had its \$3.99 price tag attached — was not seized as evidence by police officers investigating the singer's death, despite legal experts speculating that it may have been used to mop up the singer's blood, the website adds.

Lawyer Craig Silverman — who is not involved with the investigation — said: "It's pretty extraordinary that a bloody shirt would not have been taken as evidence."

A Los Angeles police spokesperson refused to say why the garment hadn't been taken.

The spokesperson said: "I don't know why

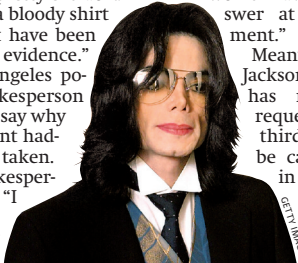
it wasn't taken. Our detectives aren't speaking about the investigation so we won't have an answer at the moment."

Meanwhile, Jackson's family has reportedly requested a third autopsy be carried out in order to prove foul play.

A source said: "(His mother) Katherine looked at the second autopsy and she wasn't happy with what it didn't reveal to her."

The Los Angeles County coroner's office has not yet ruled on the cause of death, with results currently delayed indefinitely. Police are currently investigating Dr. Conrad Murray on accusations of manslaughter.

METRO NEWS SERVICES



## Gay kids fine by me: Brad

**OPEN-MINDED** Brad Pitt says it's okay if one of his six kids turns out to be gay. "Would it bother me if a child of mine turns out to be gay? No, not one bit," Pitt told Parade magazine. "I want them to be fulfilled. I hope I teach my kids to be who they really are."

Pitt also says he stands by his and Angeli-

na Jolie's claim that they won't marry until it's legal for everyone. "I believe everyone should have the same rights. They say gay marriage ruins families and hurts kids. Well, I've had the privilege of seeing my gay friends being parents and watching their kids grow up in a loving environment."

METRO WORLD NEWS



## Kate ready to speak

**BREAKING HER SILENCE** Kate Gosselin, mother of eight, is set to appear on NBC's Today show Monday, according to the show's website, usmagazine.com reports.

It will be the first time Gosselin has spoken publicly since her husband Jon made

headlines for dating 22-year-old Hailey Glassman just 20 days after announcing he and his wife were splitting.

A week later, Jon was spotted dining with tabloid reporter Kate Major, who resigned her position over their relationship.

METRO WORLD NEWS



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**Friday**  
Mostly sunny  
25°C / 4°C



**Saturday**  
Sunny  
26°C / 7°C



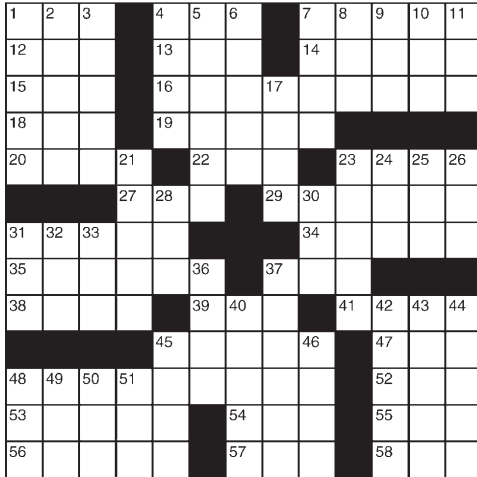
**Sunday**  
Mostly sunny  
26°C / 10°C

**Andrew Schultz, Weather Specialist – Breakfast Television**

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta!"

WEEKDAYS AT 6 A.M.

## Take Five



1 Existed  
4 Brooks or Gibson  
7 Goodyear craft  
12 "Hail!"  
13 Dander  
14 More commonplace  
15 Perch  
16 Christmas treat  
18 Vanna's cohort  
19 Oriental  
20 Uppity one  
22 Conclusion  
23 Nitwit  
27 "Awesome!"  
29 Sterne's Tristram  
31 Massenet opera  
34 Battery terminal  
35 Snifter contents  
37 Plant bristle  
38 Pinnacle  
39 Recede  
41 Without help  
45 Skating competition

47 "Wham!"  
48 New Jersey peninsula  
52 Midafternoon hour  
53 "... bombs bursting —"  
54 Clavell's "— Pan"  
55 Coffee vessel  
56 Check word  
57 Toss in  
58 "Family Guy" daughter  
1 Nasty stingers

### DOWN

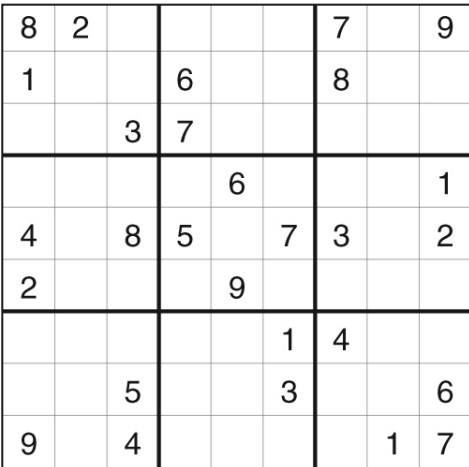
2 Birdlike  
3 Squabble  
4 Isinglass  
5 Off the board  
6 Red Square notable  
7 — Mawr  
8 Varnish ingredient  
9 401(k) alternative  
10 Chaps  
11 Grand —, N.S.  
12 Mid-June honorees

21 NYC borough  
23 Wedding announcement  
24 Lennon's lady  
25 Peculiar  
26 "See ya"  
28 Moreover  
30 Hem's partner  
31 Biz deg.  
32 Big name in Dadaism  
33 Dundee denial  
36 "Why not?"  
37 Overseas  
40 Flora and fauna  
42 Poppy derivative  
43 France's longest river  
44 Due (to)  
45 Combustible heap  
46 Pallet  
48 Try the tea  
49 Literary collection  
50 Unfavourable vote  
51 Conk out

## Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	3	6	7	4	5	8	2	9
5	4	8	9	2	6	7	3	1
9	7	2	8	1	3	5	4	6
8	9	5	4	6	1	2	7	3
3	6	4	5	7	2	1	9	8
2	1	7	3	9	8	4	6	5
6	5	3	2	8	7	9	1	4
7	8	9	1	3	4	6	5	2
4	2	1	6	5	9	3	8	7

### On the web

For more games and 60 additional daily cartoon strips, visit [metronews.ca](http://metronews.ca)



## Metro Recipe of the Day

### Greek Pastitsio

#### INGREDIENTS:

6 oz (175 g) elbow macaroni  
2 large eggs  
1/2 cup (125 ml) cubed feta cheese or 1/3 cup (75 ml) grated Parmesan cheese  
1/4 cup (50 ml) 1% milk

#### FOR MEAT FILLING:

12 oz (375 g) lean ground lamb or ground beef  
1 large yellow onion, chopped  
1 can (14 oz/298 ml) tomatoes, undrained and cut up  
1 tsp (5 ml) dried oregano leaves  
1/4 tsp (1 ml) ground cinnamon  
1/8 tsp (0.5 ml) each salt and black pepper  
2/3 cup (150 ml) grated Parmesan cheese

#### FOR SAUCE:

1 1/2 cups (375 ml) 1% milk  
2 tbsp (25 ml) all-purpose flour  
1/4 tsp (1 ml) each salt and black pepper  
1/4 cup (50 ml) grated Parmesan cheese

#### METHOD:

1. Preheat oven to 350°F (180°C). Cook macaroni according to package directions. Drain, rinse, and drain again; transfer to warm bowl. Separate eggs. In small bowl, lightly beat yolks; set aside for sauce. Stir egg whites, feta cheese and 1/4 cup (50 ml) milk into macaroni. Set aside.

2. For meat filling: In large skillet, cook lamb and onion over moderately high heat until meat is browned. Drain off fat. Stir in tomatoes, oregano, cinnamon and 1/8 tsp (0.5 ml) each salt and pepper.



Bring to boil. Lower heat and simmer, covered, 5 minutes. Remove from heat. Stir in 2/3 cup (150 ml) Parmesan cheese. Layer half of macaroni mixture in lightly greased 8" x 8" x 2" (20 cm x 20 cm x 5 cm) baking dish. Top with meat filling, then with remaining macaroni mixture.  
3. For sauce: In medium-size pot, whisk together 1 1/2 cups (375 ml) milk, flour and 1/4 tsp (1 ml) each salt and pepper. Cook over moderate heat, whisking constantly, for 8 minutes or until mixture is thickened and bubbly. Slowly stir about 1 cup (250 ml) hot mixture into lightly beaten egg yolks, then return mixture to pot. Cook, stirring constantly, 3 minutes, until mixture thickens. Stir in 1/4 cup (50 ml) Parmesan cheese.  
4. Pour sauce over macaroni layer. Bake 30 to 35 minutes, until heated through. Let stand 10 minutes, then serve.

**SERVES 6**

### rd.ca

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



## Horoscopes by Sally Brompton [sallybrompton.com](http://sallybrompton.com)

For Sally's expanded daily and weekend horoscopes, visit [metronews.ca](http://metronews.ca)

### ARIES

MARCH 21-APRIL 20

If you think you cannot lose then you are already halfway towards attaining your goal. Always look on the bright side. Always believe you'll succeed.

### LIBRA

SEPT 23-OCT 23

For some reason you have been rather inhibited of late, which is not like you at all. This phase will end over the weekend.

### TAURUS

APRIL 21-MAY 21

Your energy and enthusiasm, and your willingness to take risks, will impress some very important people today, and increase your chances of success.

### SCORPIO

OCT 24-NOV 22

Something will happen today that angers you, and if you think that a friend or colleague has been lying to you, the fallout could be spectacular.

### GEMINI

MAY 22-JUNE 21

Mars in your sign can make you rather emotional at times and the emotion you will experience today is anger. But that may be no bad thing.

### SAGITTARIUS

NOV 23-DEC 21

It's now or never. If you don't follow your heart over the next 24 hours you could well miss out for good.

### CANCER

JUNE 22-JULY 22

At last you have come to the conclusion that a certain person is no good, that they take without giving anything in return.

### CAPRICORN

DEC 22-JAN 20

There is no point trying to get along with someone if everything they say or do rubs you up the wrong way. The time for compromise is long since past.

### LEO

JULY 23-AUG 23

There seems to be a lot of noise in your life at the moment and you wish you could just switch off from the world for a while. So what's stopping you?

### AQUARIUS

JAN 21-FEB 18

If someone you are close to emotionally is having a hard time, it's unlikely there is anything you can do to make them feel better.

### VIRGO

AUG 24-SEPT 22

If someone makes unfounded accusations about you today or tomorrow you must answer back. Others may start to wonder if it's true.

### PISCES

FEB 19-MARCH 20

There is no reason why you should not mix business with pleasure today but take care that the pleasure part does not get out of hand.

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